

SUSTAINABLE LIVING

Come to the lake by train, board a Navigarda boat with your bike, rent an electric car or motorbike, hire a mountain bike or road bike, cycle the most beautiful roads alone or accompanied by professional guides. Don't just stay in Garda, relax in Garda.



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la vita in movimento



Book your
experience now!



LAGO DI
GARDA
LOMBARDIA

Consorzio Lago di Garda - Lombardia
Corso Zanardelli, 164 - 25083 Gardone Riviera (Bs)
www.gardalombardia.it

CYCLING & TREKKING

Year-round fun

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CHOOSE YOUR ROUTE

What will it be? Cycling along the coastal road through the Valtènesi hills, among vineyards and olive groves? Or covering the 150 km of the Garda perimeter, from Sirmione to Limone, on to Peschiera and back to Sirmione, in the space of a morning?

The Limone “Vertical” (a climb of 1 km in altitude in less than 3 km) and the “Tremosine by Night” 11 km, to be covered in the shortest possible time by mountain bike or on foot.

Take the road to Valvestino and, after a few hairpin turns, you reach the lake of the same name and embark on your undulating trek through the valleys, immersed in nature. The lake is a cyclist’s paradise.

CHOOSE YOUR OWN RHYTHM

The Upper Garda puts trekkers’ muscles to the test. This is where our “sky races” take place: adrenalin-packed treks up and down mountain tracks, to complete as solo missions or with a group.

NEW PHILOSOPHY

Wellness walking is the new philosophy: finding balance through walking. Customisable itineraries, in several stages, of up to 100 km. The pace is leisurely as you soak up the view, with the sweeping blue horizon of the lake as your constant companion. This is where you find yourself.

